

**FOR IMMEDIATE RELEASE**

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**PRESS RELEASE**

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**THE MARBLEHEAD COUNSELING CENTER TO  
CELEBRATE ITS 40<sup>TH</sup> ANNIVERSARY.**

To commemorate the 40<sup>th</sup> anniversary of its incorporation, the Marblehead Counseling Center will host a celebratory Ruby Ball on Friday, September 25, 2009 at the Corinthian Yacht Club in Marblehead, MA.

The Ruby Ball will include heavy appetizers, beginning at 6:30pm, a live jazz/swing band, and a number of fun activities including: tarot card readers, palm readers and fortune tellers.

In 1969 a small group of concerned Marblehead residents realized there was little being done on the North Shore to address the counseling needs of children, teens, and adults. Especially pressing was the need for services for substance abuse and for mental health problems such as depression and family upheaval. In response, the group founded the Marblehead Counseling Center to provide direct services to individuals and families and to be a forum for addressing community needs.

Forty years later, the Counseling Center remains true to the original incorporators vision to provide a forum for addressing a wide array of community needs. Today, it is the leading counseling resource for Marblehead and Swampscott, providing a broad array of counseling, education, prevention, and wellness services. More than 500 children, adults, elders and families seek The Counseling Center's services each year. During its history, The Counseling Center has provided over 110,000 counseling and therapy sessions to help people in the challenging times in their lives.

"We are thrilled to be celebrating 40 years of service to our communities, and are putting together a fabulous evening of entertainment, food and fun for the whole community" remarked Paul Crosby, Executive Director. "The 40<sup>th</sup> Anniversary Celebration will help focus attention on

the organization's many accomplishments, honoring a key individual from each of the past four decades. It is an evening that you don't want to miss!"

For more information, please visit the website at <http://www.marbleheadcounseling.org/>.

*The Counseling Center provides a spectrum of counseling services and community programs for individuals and families in the Marblehead/Swampscott community, delivering support and guidance in dealing with life's problems, family issues, and a range of mental health issues. The Counseling Center accepts most health insurance and offers grants for Marblehead residents that need counseling services but are unable to afford help.*

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